## Rustic Rope


© Melissa Grakowsky Shippee


This necklace features 13 mm antique cut beads (also called English cuts) from Perry Bookstein plus unusual Japanese 8/0 cut beads and 11/0 seed beads. If you can't find these unusual materials, you can substitute the more common 10 mm antique cut beads, 11/0 seed beads, and 15/0 seed beads.


Symbol/Supply Name \# Weight


## Notions

Size 12 to 13 beading needles, beading thread (8lb Fireline recommended)

## Tools

Scissors, beading mat.

## Techniques

Tubular herringbone stitch, peyote stitch.

## About the diagrams...

Beads already added when you start a step are shown in the diagram in color with a normal outline. Beads you need to add in the current step are shown with a red outline.

Thread paths going through beads are dashed, and thread coming out of beads is solid. Old thread paths are not shown.


The arrow represents the needle. The dot indicates the start of the thread path.

## Glossary

stitch through - $v$. To go through; put the needle through; needle through.
stitch - $n$. A bead or set of beads picked up and added to beadwork and the beads stitched through; one set of a repeat.
pick up - $v$. To put on your needle, ie. "pick up three 11 As".
step up - $v$. To go through without adding beads, usually referring to the first bead (s) in the row being completed, in order to get the thread in place to start the next row.
step down $-v$. To go through a bead in a previous row without adding beads.
net $-n$. One section of netting; one row of netting.

## Overview

## I. Neckstrap Sections

The neckstrap consists of five different sections, $A$-E. Section E can be lengthened as long as you wish to size the necklace.

Section A - shortest
Section B
Section C
Section D
Section E -longest

## II. Assembly

The neckstrap sections are joined by adding antique cuts between them.

## III. Closure

The closure is made from two simple loops on one side and an anchored antique cut on the other side which acts as a button.

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## I. Neckstrap Sections

The neckstrap sections are stitched with tubular herringbone stitch and increases are made at each end to create bell shapes. We'll start with Section A and work toward Section $E$. Each section is started using the Ndebele technique so the tail thread can be picked up and extra beadwork can be added onto the tail end seamlessly.

## Section A

1. Needle up a doubled wingspan of thread and pick up eight $8 / 0$ s. Stitch through the first $8 / 0$ again to form a loop. Leave a 14 " tail to add extra beadwork later.
2. Pick up two $8 / 0$ s and stitch through the very next $8 / 0$ in the loop, without skipping over any beads.
3. Without picking up any beads, skip over the next two 8/0s and stitch through the third.

4. Pick up two $8 / 0$ s and stitch through the very next 8/0 in the loop, without skipping over any beads.
5. Without picking up any beads, skip over the next two 8/0s and stitch through the third. Then stitch through the next $8 / 0$ (first of the first pair) to step up. Pull the thread tight and you should be able to see two ladders form. You'll add pairs of beads on top of each ladder. Note that at this point you have completed three rows.


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6. Pick up two $8 / 0$ s and stitch down through the next $8 / 0$ on the same ladder. Stitch up through the first/top bead in the second ladder.
7. Pick up two $8 / 0$ s and stitch down through the second bead, then up through the top two beads in the first ladder (this is the step up).

8. (No diagram) Repeat Steps 6-7 seven times for a total of ten rows. You can count the rows by counting the pairs of beads up one ladder.
9. Pick up two $8 / 0$ s and stitch down through the next $8 / 0$. Pick up one $8 / 0$ and stitch up through the first/top bead in the second ladder. Pick up two $8 / 0$ s and stitch down through the next $8 / 0$. Pick up one $8 / 0$ and stitch up through the first/ top two beads in the first ladder to step up. This is the start of your increase.
10. Pick up two $8 / 0$ s and stitch down through the next $8 / 0$. Pick up two $8 / 0$ s and stitch up through the first/top bead in the second ladder. Pick up two $8 / 0$ s and stitch down through the next $8 / 0$. Pick up two $8 / 0$ s and stitch up through the first/ top two beads in the first ladder to step up. You now have four ladders and will add pairs of beads on each one.
11. Add four pairs of $8 / 0 \mathrm{~s}$ in herringbone stitch to the two old ladders and the two new ladders in between the original two ladders.
12. To finish the end of the bell shaped increase, pick up three $11 / 0$ s. Stitch down through the next $8 / 0$. Pick up one $11 / 0$ and stitch through the first bead in the next ladder. Repeat three times, pulling very tightly as you go so there is no gap between the ladders. Then leave your thread hanging for assembly later.

13. (No diagram) Needle up one of the tail threads. Repeat Steps 9-12 to create an identical bell shaped increase on the opposite end of the herringbone tube. Weave in and secure the one tail thread and leave the other one hanging.
14. (No diagram) Make a second identical Section A and set it aside.

## Section B

15. (No diagram) Repeat Steps 1-14 but in Step 8, repeat Steps 6-7 twelve times for a total of fifteen rows.

## Section C

16. (No diagram) Repeat Steps 1-14 but in Step 8, repeat Steps 6-7 seventeen times for a total of twenty rows.

## Section D

17. (No diagram) Repeat Steps 1-14 but in Step 8, repeat Steps 6-7 twenty-six times for a total of twenty-nine rows.

## Section E

18. (No diagram) Repeat Steps 1-12. If you stop with both Section Es at this point, your necklace will be 24 and $3 / 4^{\prime \prime}$ long. Increase the length of the Secion E by half-inch increments to increase the entire necklace length by one inch increments. Make the second Section E identical to the first.

## II. Assembly

Assembly is done by using the hanging thread on one neckstrap section to attach an antique cut bead to another neckstrap section. The tail thread from the second neckstrap section can be used to reinforce the connection with additional passes of thread.
19. Place one Section A next to one Section B with an antique cut bead between them.
20. Following the diagram, which shows a cross section of each neckstrap so you can see the beads more clearly, weave your Section A working thread down to a bead in the first row of before the decrease began. Pick up two $8 / 0$ s and the antique cut, then two $8 / 0$ s. Stitch through a corresponding bead in the same row on the inside of Section B. Reverse direction and stitch out through the adjacent bead in the same row in Section B. Pick up two $8 / 0$ s and stitch back through the antique cut, then pick up two $8 / 0$ s and stitch through a different bead in the corresponding row in Section A.
21. (No diagram) Repeat the thread path at least once more, trying to utilize different beads in the same row each time so the thread tension will be even on all sides of the attachment. Then secure your working thread and trim it.
22. (No diagram) Needle up your tail thread on Section B and reinforce the thread path once more, then secure and trim your thread.

## III. Closure

The closure consists of a simple button and loop system.
23. Start a new working thread on one end of Section E , or use your hanging thread if you have at least 12 ". Pick up two $8 / 0$ s, one antique cut, and three $11 / 0$ s. Stitch back through the antique cut and the next $8 / 0$.
24. Pick up one $8 / 0$ and stitch through the next bead in the last row of herringbone. Then stitch out through the first $8 / 0$ in the next ladder.
25. (No diagram) Pick up one $8 / 0$ and stitch through the 8/0
 just before the antique cut, the antique cut, and three $11 / 0$ s. Stitch back through the antique cut and next $8 / 0$. Pick up one $8 / 0$ and stitch through the next bead in the ladder. Repeat the thread path at least once more to strengthen, then secure your thread in the beadwork and trim it.
26. On the opposite end of the necklace, add a new thread or use your hanging thread if it is at least $16^{\prime \prime}$ long. Bring the thread out of an end bead. Pick up twenty-four $8 / 0$ s and stitch through the other bead in the first ladder. Then stitch out through the first bead in the next ladder.
27. (No diagram) Repeat Step 26 to add a second loop. Then repeat each thread path at least twice more to strengthen. Secure your thread in the beadwork and trim it.

You're done!


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